





Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction

V N Heggade Founder & CEO of DECon Complete Solutions



V.N. Heggade, Former Chief Executive Officer (CEO) of STUP Consultants & former Executive Director of Gammon is a senior professional with a rich experience of nearly four decades in Construction sector in the areas of Design Management, Technical Management, Site Management, Project Management & Contract Management of Highways, Bridges, Energy structures like Chimneys & Cooling towers, Environmental, Marine and Hydraulic structures.

He is a recipient of around 16 National recognitions in addition to an International prize & fellowship from IABSE & fib Zurich. He has more than 200 publications including papers in journals, conference proceedings & chapters in guidelines to his credit and is a member of various IRC (Indian Roads Congress) and BIS (Bureau Of Indian Standards) committees. He is also a member of TG 10.1 of Federation Internationale Du Beton, which is a special Task Group working on FIB Model code 2020. *Presently, he is a convener of sub committee IRC B-5.3 to bring out a special guidelines on carbon neutrality for steel bridges. Recently he is conferred with the fellowship of 'fib'. He is also a Fellow₁ of Indian National Academy of Engineering (FNAE).*

Global temperatures rise & consequent climate emergency

INDIA CHAPTER



FATWAVES

CEANS WARMIN

CTIC ICECAP

EA LEVELS RISING

MELTING



World CO_2 emissions data (2020)



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

CO ₂ emiss	ions world wid	le. (ktCO ₂₀₂)	GHG e
Region	ktCO _{2eq}	%age	Region
World	3,43,44,006.07		World
China	1,07,07,219.73		China
US	48,17,720.21	14.03	US
India	24,56,300.05		India
Russia	17,03,589.97	4.96	Russia
Japan	10,81,569.95		Japan Brazil
Germany	6,57,400.02		Indonesia
Iran	6,30,010.01	1.83	Iran
Indonesia	6,19,840.03	1.80	Germany
Korea	6,10,789.98	1.78	Canada
Canada	5,80,210.02	1.69	Saudi Arabia
Saudi Arabia	5,23,780.03	1.53	Korea, Rep.
Mexico	4,49,269.99	1.31	Mexico
South Africa	4,39,640.01	1.28	Australia
Brazil	4,34,299.99	1.26	South Africa
Turkiye	3,96,840.00	1.16	Turkiye
Australia	3,86,530.00	1.13	Vietnam
UK	3,48,920.01	1.02	UK Pakistan
Vietnam	3,36,489.99	0.98	Thailand
Italy	3,17,239.99		France
France	3,00,519.99		Italy
Others	60,83,770.30	17.71	Others

Source :Climate Watch. 2020. GHG Emissions. Washington, DC: World Resources Institute. Available at: https://www.climatewatchdata.org/ghg-emissions.

GHG emissions world wide							
Region	ktCO _{2eq}	%age					
World	4,62,87,620.03	100.0					
China	1,27,05,089.84	27.4					
US	60,01,209.96	12.9					
India	33,94,870.12	7.3					
Russia	24,76,840.09	5.3					
Japan	11,66,510.01	2.5					
Brazil	10,57,260.01	2.2					
Indonesia	10,02,370.00	2.1					
Iran	8,93,719.97	1.9					
Germany	7,49,710.02	1.6					
Canada	7,36,929.99	1.5					
Saudi Arabia	7,23,150.02	1.5					
Korea, Rep.	6,98,460.02	1.5					
Mexico	6,53,870.00	1.4					
Australia	5,85,979.98	1.2					
South Africa	5,55,429.99	1.2					
Turkiye	4,88,470.00	1.0					
Vietnam	4,50,149.99	0.9					
UK	4,40,079.99	0.9					
Pakistan	4,32,500.00	0.9					
Thailand	4,22,090.00	0.9					
France	4,14,040.01	0.8					
Italy	3,89,000.00	0.8					
Others	98,49,820.20	21.2					

Total greenhouse gas emissions in kt of CO₂ equivalent are composed of CO₂ totals **excluding short-cycle biomass burning** (such as agricultural waste burning and savanna burning) but including other biomass burning (such as forest fires, post-burn decay, peat fires and decay of drained peatlands), **all anthropogenic CH₄ sources, N₂O sources and F-gases** (HFCs, PFCs and SF6).

 Carbon dioxide (CO₂) emissions are those stemming from the burning of fossil fuels and the manufacture of materials. They include carbon dioxide produced during consumption of solid, liquid, and gas fuels and gas flaring.

✓ 1 Gt = 10,00,000 Kt.

✓ 1 Gt = 1000 Million t.

3

World & Sector wise CO₂ emissions (2022)







CO₂ in the Built-Environment



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

Capital Carbon is the carbon associated with the assets. It consists of

✓ Embodied Carbon at Product stage,

✓ Emissions during transportation & construction,

✓ Emissions because of Maintenance, refurbishment, strengthening during service life

✓ Emissions during demolition, dismantling, landfilling or recycling after the service life

Operational Carbon encompasses emissions that arise owing to the energy-centric operations in buildings & infrastructure.

✓ Heating, cooling ,ventilation and lighting (HVAC).

✓ Lifts, water pumps, common lighting

✓ Household appliances such as fridges, washing machines, TVs, computers, and cooking applications, etc.

>User Carbon is the emissions during the usage of assets

✓ For example when the bridge asset is used by the transportation vehicles, the carbon emissions by the vehicles

Life cycle stages defined by BS EN 15978:2011

INDIA CHAPTER



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'



Source : LETI (2020). Embodied Carbon Primer. Available at: https://carbon.tips/leti



Modular approach showing the life cycle stages and individual modules for infrastructure carbon emissions quantification



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'



Source: PAS 2080:2016. Carbon management in infrastructure. London: BSI, 2016





Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

 Carbon neutrality is a process where GHG emissions are brought to net zero by avoiding, reducing and setting off those emissions which can not be avoided and reduced.

 This has to be achieved by DISRUPTING the otherwise
"Business as usual" approach.





Estimation of Carbon foot print



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'



Methodologies of estimation

- Cradle to Gate estimation (A1-A3)
- Gate to Completion estimation (A4-A5)
- Completion to End of Life estimation (In use stage estimation) (B1-B9)
- End of life to Cradle estimation (Circularity) (C1-C4 & D)





Carbon creation during various stages of life cycle



CF/Unit for the system boundary Cradle to Gate (A1-A3)



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

Embodied carbon comes from the direct emission during the process or production and also the the consumption of energy during the process or production of product.

Embodied Carbon Factor (ECF) is the direct global warming potential per unit of material, say kgCO₂/kg, tCO₂/t, etc.

Embodied Carbon (kgCO₂) = Material quantity (kg) x Embodied Carbon Factor (kgCO₂/kg).

Materials/Products	EC (A1-A3) (t CO ₂ /t)
M28/M35 Concrete	0.131
M28/M35 Concrete 30% fly ash	0.121
M28/M35 Concrete 50% GGBS	0.076
M28/M35 cement	
less/geopolymer Concrete	0.04
M32/M40 Concrete	0.153
M 32/M40 Concrete 30% fly ash	0.128
M32/M40 Concrete 50% GGBS	0.094
M32/M40 cement	
less/geopolymer Concrete	0.046
M40/M50 Concrete	0.176
M40/M50 Concrete 30% fly ash	0.146
M40/M50 Concrete 50% GGBS	0.108
M40/M50 cement	0.053
less/geopolymer Concrete	0.053
Mortar/Screed	0.150
Aluminum (Primary)	11.49
Aluminum (Recycled)	1.69
Asphalt (4% Bitumen)	0.059
Bitumen	0.49
Quarried Aggregate	0.0052
Sand	0.0051
Soil	0.0240
Stone	0.0790
General plastic	3.310
HDPE pipe	2.52
Reinforcement	(2.60+0.01*)
Structural steel	(2.5+0.3*)
Prestressing steel	(2.1+0.1*)
Steel (General)	2.890
Steel (Recycled)	0.470
Natural gas liquids	2.8381
Glass	1.50
Brick	0.213
Epoxide resin	5.70
Stainless steel (recycled)	3.8
Stainless steel (Primary)	6.0
Wood	0.5

	EC (A1-A3)
Materials/Products	(t CO ₂ /t)
Bearings	(t CO ₂ /no)
Steel rocker/roller	2.0 (<400t)
Flastemaria	0.2(<100t)
Elastomeric	0.8(100-200t)
	1.21(<100t)
	5.63(100-200t)
Spherical	10.26(200-300t)
	15.75 (300-400t)
	21.57(400-500t)
	0.97(<100t)
	5.09(100-200t)
Pot	9.29(200-300t)
	14.28(300-400t)
	18.07(400-500t)
Expansion joints	(t CO ₂ /m)
	0.14 (<99m)
All types	0.37(100-120m)
	0.61(> 120m)
Fuel	(Kg CO ₂ /liter)
Motor Gasoline	2.2721
Other Kerosene	2.5197
Gas/Diesel Oil	2.6769
Liquified petroleum gases	1.6118
Protective treatments	(t CO ₂ /m ²)
Polymer solvent based-typical	0.0018
Polymer solvent based-marine	0.0041
Hot dip galvanizing-zinc coating	0.0031
Surfacing	(t CO ₂ /m ²)
Water proofing by sheets/sprays	0.012
Water proofing by bitumen	0.005
Combined water proofing and	0.026
surfacing	0.026
services	(t CO ₂ /m)
PVC pipes < 150mm	0.01
Cast iron pipes < 150mm	0.08
Vitrified clay pipes < 150mm	0.01
Transportation	(Kg CO ₂ /t-km)
Goods Capacity (8-10t)	0.25
• • •	
Goods Capacity (10-18t)	0.18



Source : Hammond, G. P. and Jones, C. I. (2008) Embodied energy anpp carbon in construction materials. Proceedings of the Institution of Civil Engineers - Energy, 161 (2). pp. 87-98. ISSN 1751-4223



ECF/Unit for the system boundary Gate to Completion (A4-A5)



- At the construction stage (A4-A5), the embodied carbon calculations are carried out for the construction and construction process including transportation and handling of the final product.
- During the construction, carbon emission is basically because of :
 - ✓ Fuel consumption of plant, equipment & vehicles.
 - ✓ Wastages in materials
 - ✓ Use of enabling & temporary structures

Description	Capacity	Fuel/hr
(Equipment for A4-A5)		litres
Excavator	EX 210	14
Hydraulic excavator	9 Mt	10
JCB	1.1 cum	6
Tractors	35Hp	2
Hydra Crane	14 Mt	6
B/Plant	60 Cum	24.54
Generator (DG)	>55 Kva	9
Generator(DG)	500 Kva	16
Transit Mixer Truck	6 Cum	12
Transit Mixer Boat	6 Cum	10
Piling Rig	Rotary	16
Bed Gantry	225 Mt	14
Bed Gantry	40 Mt	6
Boom Placer - Floating	90 Cum	10
Boom Placer - Truck	90 Cum	12
Boom placer-BP 350	62 Cum	8
Concrete pump	62 Cum	8
Concrete Pump	45 Cum	6
Diesel Welding Sets	400AMP	4
Crawler crane	80 Mt	12
Crawler Crane	140Mt	14
DD Winch	20 Mt	8
Barges for Crane	200 Mt	12
Tug Boat	156 Hp	9
Power Boats	10 Mt	8
Compressors	600 Cfm	6
lighting tower	5 KVA	1
Haulers		Fuel/Km
		In litres
Dumper/Tipper/Trailer	20 Mt	4
Trucks/Trailer	10t	6
Multi Axle Trailer	200Mt	2

Ti	ansport	A4	Construc:				
	struction & ation process	A5	onstruction stage				
S.No	Product/Material	V I	Vastage (%)				
1	Concrete in situ		5				
2	Concrete precast	1					
2 3	Structural steel	1					
4	Reinforcement Steel	5					
5	Glass	5					
6	Aluminum		1				
7	Mortar/screed		5				
8	Timber frames		1				
9	Timber enabling		10				
10	Stone		10				
11	Brick		20 ¹²				



Carbon calculations for 'In use' stage (B1-B9)



- Stages B1 through B9 have very little data.
- Capital carbon due to maintenance, repairs, rehabilitation.
- Operational Carbon due to energy centric operations.
- User Carbon due to use of an asset.



'In use stage' in years (Buildings)	10	15	20	25	30	35	40	45	50
Main structure	-								
Plastering & Painting									
Thermal insulation layer									
Water supply & ventilation pipe			1						
Ceramic tiles							_		
Roofing									
Plastic steel windows									
Drain pipes									
HVAC maintenance									

'In use stage' in years (Bridges)	10	15	20	25	30	35	40	45	50	55	60	65	70	75	80	85	90	95	100
Replacing wearing coat																			
Resurfacing of the deck																			
Rehabilitation of the deck																			
Resurfacing of the piers																			
Rehabilitation of the piers																			
Resurfacing of the abutments																			
Rehabilitation of abutments																			
Resurfacing of crash barriers																			
Rehabilitation of crash barriers																			
Painting of steel components																			
Cleaning of Expansion joints														1					
Replacing of Expansion joints																			13
Replacing of bearings																			
Replacing of railings																			





- Emissions due to the use of plant, equipment and vehicles. For deconstruction, dismantling or demolition of the assets
- Emission due to transporting of the waste materials to the landfill location for the purpose of disposing.
- Emission associated with treatment and processing for recovery, reuse and recycling of waste materials.
- Emissions due to the transportation of demolished materials to the recycling factory.
- Emissions due to the transportation of dismantled/deconstructed components to the storage yard.
- However, there will be reduction in the carbon footprint due to the use of recycled materials and dismantled components.



Status of Carbon emission in built environment



CO ₂ emission	t	20					S.No	Description	Unit	Quantity	Carbon Factor (t CO ₂ /unit)	Carbon (t CO ₂)	Concrete, Steel, others	Total (t CO ₂)
				1	8		1	Superstructure						
1 C C C C C C C C C C C C C C C C C C C		1		1	Life			M 40 Concrete	m ³	5712	0.153	874	17,208	
<u> </u>		1		1				>M 50 Concrete	m ³	91344	0.176	16077	(24.4%)	
<u>و</u>		i i		i	nd of olition			Bituminous Concrete	m ³	524	0.49	257	1-0.004	-
2		100			- E			Steel Reinforcement	t	13362	2.61	34875	4	
rial Production				5	End nolit			HTS for prestressing including PT bars Stay cable system including anchorages	t	4149 1260	2.2	9128 3150	4 📕	
2 S		1		3	Dem			100 mm Expansion Joints	m	56	0.14	8	-	
<u>ි</u> ව		2		2	ă			440mm Expansion joints	m	266	0.14	162	50,149	70504
	-			9				Structural steel for central hinges &				ALC-LACE	(71.1%)	(63%)
						→ Years		brackets in pylon, etc.	t	652	2.89	1884		N. S.
	_1				<u>ا</u> لسل			Pot bearing < 100t	No	128	5.09	652	1	
A1 to A3 A4,A5		B1	to B9		C1-C4			Pot bearing >600 t	No	8	25	200		
	*				$\rightarrow \leftarrow \rightarrow$			HDPE sheathing ducts	m	17064	0.01	171		
40-50% 2-4%		38	3-60%		1-2%			Stone matrix Asphalt	m²	4586	0.026	119	3,239	
							-	Water proofing membrane	m²	1,28,832	0.012	1546	(4.5%)	
						1		Protective coatings & Road markings	m²	3,40,892	0.0041	1398		
Matariala/Anthibia	Vaco INB of compareto	% Of Total		Av. t CO ₂ for	% of the	% of the		Epoxy glue	t	0.8	5.7	5		
Materials/Activities	Kg CO _{2eo} /M ³ of concrete	% UT 10tal	Materials	31 buildings	Total	Total	2	Substructure & Foundations		47070	0.424	2262		-
			<u></u>				┓┝╼╄╴	M 25 concrete (Plugs & PCC) M 40 Concrete (Wells & retaining	m ³	17270	0.131	2262	25,003	
Comont	201	07	Steel	324.1	26.68			structures)	m ³	1,32,750	0.153	20311	(61%)	
Cement	391	87	Comont	633.33	52.14	79.31		>M 50 Concrete (Piers & Abutments)	m ³	13805	0.176	2430	(01/0)	
			Cement		832 - 634 (D.164)	79.51		Steel reinforcement	t	4487	2.61	11711		41027
Other in such and	44	1	Aggregate	5.92	0.49			Structural steel for floating caissons &	2	787	2.89	2274	13,985 (34%)	(37%)
Other ingredients	14	5		1 - 4 - 70	10 74	10.74			τ	/8/	2.89	22/4	(34%)	
		_	Brick	154.79	12.74	12.74		Sand filling inside caissons & Earthwork						
Maria da la maria da Regi			PVC pipes	33.44	2.75		-	for artificial islands & retaining	m ³	74607	0.024	1791	2,039	
Materials transportation	22	5						structures					(5%)	
	1011102		Tile	9.89	0.81			Stone pitching for apron & Filter media	m ³	6192	0.04	248		22.400
Concrete production	7	1.6	Aluminium	24.19	1.99		3	Construction Stage :Fuel consumption for modules A4 to A5	Liters	1.2 x 10 ⁷	0.0027	32,400		32,400 (29%)
concrete production	<u> </u>	110	Sal wood	3.87	0.32	2.75	4	Contingency : Adding 2 % contingency lighting , modifie				es, utilities,		2879
Westerne	15	24	Paints	3.81	0.31			Grand total of carbon emissions for	the bounda	ary system cra	adle to completion	n in t CO ₂		1,46,810
Wastages	15	3.4												
			Glass	2.67	0.22			00 0/ is hearing						-
Tetal	450	100	Granite	18.72	1.54		2	> 90 % is because		ceme	ent & S1	leei ir	i concr	ete
Total	450	100												
1			Total	1214.73	100.00	100			con	struc	noit			



Avoidance of Carbon footprint



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

✓ Complete avoidance of structures itself ????!!!!. ✓ Avoidance of Cement & **Steel completely.** ✓ Avoidance of Non-**Renewable energy** consumption in Construction & Operation.





Alternative to Rebars, steel strands & Cement



- However, OPC can be completely avoided in concrete by adopting zerocement concrete and Geo polymer concretes
- Fiber-reinforced plastics (FRPs) such as carbon, aramid and basalt can be used as reinforcement materials and steel can be avoided.
- FRP can be used as prestressing tendons to avoid metallic prestressing strands.









- The cement and steel having the electricity requirement of 5.5 GJ and 30.0GJ whose carbon factor being 0.197 t CO_{2eq}/GJ results in the emissions of 1.084 t CO_{2eq} and 5.91 t CO_{2eq} respectively.
- This is much higher than direct emission during the production of cement and steel which are 0.48 t CO_{2eq} and 2.25 t CO_{2eq} per t of cement and steel respectively.
- Even for the transportation of materials (A2 & A4 modules) and during the construction for operation of plants and equipment (A5 module), the non-renewable energy from fossil fuels are used culminating in carbon footprint.
- One of the ways of reducing the carbon footprint is to completely avoid the consumption of non-renewable energy and shift over to renewable energy sources like, solar, wind, hydel, nuclear and bio-mass, etc.
- The cement and steel factories may be mandated to have their own captive power plants of renewable energy sources and use of green hydrogen.



Reduction of Carbon footprint



- ✓ Reduction of OPC content by replacement with SCMs.
- ✓ Reduction by use of alternative steel to carbon steel.
- ✓ Reduction of heat wastages during production of steel & cement.
- ✓ Reduction by waste based product composition & upgradation of plants
- ✓ Reduction of interventions during service life by enhancement of durability.
- \checkmark Reduction by resilient structures.
- \checkmark Reduction by design efficiency.
- ✓ Reduction by design for circularity.
- ✓ Reduction of wastages during construction.
- ✓ Reduction by policy making



Global strategies for net zero in Steel & Concrete construction



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

- More than 90 % of the capital carbon in construction is due to cement and steel.
- It is almost impossible to completely avoid non-renewable energy sources and also the clinker and coal in cement and steel making respectively.
- United Nations Framework Convention for Climate Change (UNFCCC) sets the target for industry emission trajectory in stages up to 2050 for various materials.



Basic materials industry carbon emission intensity₂₀ trajectory in t CO₂/t (2020-2050)





Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

Reducing Carbon by upgradation of plants & re-formulation of ingredients at product stage



Reducing EC at product stage



- Despite the current energy efficiency, production of OPC consumes the energy of 5.5GJ /ton & steel consumes 30GJ/ton.
- EC in Cement due to EE is 67% while in steel is 72%.
- The best way to completely eliminate this is by having captive power plants producing renewable electricity .
- The cement emits directly 0.8t CO₂ per t while steel 2.5 t CO₂ against 0.03 and 0.11 respectively as set out in UNFCCC report as a measure of net-zero by 2050.
- The direct emission should be brought down to that efficient level by :
 - Improving emission control by upgrading plants with the state of the art equipment.
 - Improving product formulation to reduce emission and minimize the use of natural resources.
 - Conduct research to develop new applications for improving emission efficiency.
- WHRS (waste heat recovery system) has a potential to generate about 20% to 30% of plant power requirements (reducing purchased/captive power needs). It uses hot gases from the clinker cooler or pre-heater to heat a liquid and generate steam, to generate in turn electricity for powering the cement plant.









Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

Policy making for carbon neutrality



Construction supply chain (EN15978)



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

- In the construction supply chain based on Carbon Disclosure Project (CDP) and Science-Based Target (SBT), the responsibilities of various stake holders are given.
- The CO2 emissions classified as Scope 1 and 2 are the responsibility of the main players in each process.
- However, as long as they are integrated into this supply chain, some action is required for each player's Scope 3.
- In particular, Policy makers & designers are involved throughout the LCA and are therefore required to provide low carbon and decarbonization proposals in the LCA.



Responsibility matrix in construction supply chain of various stakeholders

Proposed structure for creating Carbon Inventory



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

- In India, there is an urgent need to have an updated carbon inventory which is vital for achieving carbon neutrality by 2070.
- In 2017, International Finance Corporation (IFC) in consultation with some manufacturers, developers and suppliers brought out a first version of carbon factors.
- However, the consultation of wide nos. of stake holders is necessary and also bring the same into regulatory frame work.



Source : The model presented by Dr Akio Kasuga in fib SAG meeting on 14/04/2023 is modified $\frac{25}{5}$ the author to suit India





- An Environmental Product Declaration EPD is a registered document that communicates transparent and analogous information about the life cycle environmental performance of any manufactured products.
- It gives accurate, reliable and systematic environmental information for product. ISO 14025 is referred document for EPD, where it is referred as "type III environmental declarations".
- This was available in 2002. During the 10 years span, differences and controversies in the declaration document lead to introduction of more rigorous rules for the building sector known as EN 15804.
- This document provides modular framework for EPD of product.
- Many countries have regulatory framework or legislation for manufacturers to declare the EPDs which has to be introduced in India at the earliest for carbon neutrality.



Source : EPD In accordance with ISO 14025 and EN 15804:2012+A2:2019 for Steel bar from TATA Steel Ltd



'QCSBS' Procurement system



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

- Presently in DPR & AE consultancies 'QCBS' system (Quality & Cost Based System) is followed for procurement in which 70% weightage is given to quality and 30% to cost.
- The author proposes 'QCSBS' system (Quality, Cost & Sustainability System) where weightages should respectively be 40:20:40.
- This has to be extended to EPC Contract procurement too which is presently based on least cost system.
- For 'Sustainability' weightage, threshold limits for the carbon contents may be specified.



Flow chart of activities of the design of a project



EPC Contract model





Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

- Review safety factors to make the structures less carbon embodied.
- Rationalisation of over specifications of designed loads.
- Moving over to performance based specifications from prescriptive specifications.
- ➢Guidelines for extending the life of bridges and other structures.
- Allow Composite piles & piled footings for pile foundations.
- The idiosyncrasy among the standards and code makers that the construction deficiencies have to be factored in "factor of safeties" should not have any place in the era of climate action.

STANDARD SPECIFICATIONS AND CODE OF PRACTICE FOR ROAD BRIDGES

> SECTION V STEEL ROAD BRIDGES (LIMIT STATE METHOD) (Third Revision)

Published by INDIAN ROADS CONGRESS Kama Koti Marg,

Sector 6, R.K. Puram, New Delhi-110 022

MAY 2010



Standards & Codes making



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

- 40 mm and down aggregates has the potential of cement saving to the tune of 8 to 10% by virtue of its larger surface .
- The following manufactured aggregates is encouraged in IS:383 :
 - ➢Iron Slag Aggregate
 - Steel Slag Aggregate
 - ➤Copper slag as aggregates
 - Construction and demolition (c&d) waste (Recycled)
- The restrictions on usage of mineral admixtures which are industrial wastes as a by-product should be removed.

SINo.	Type of Aggregate	36 (S) 20 (36 (36 (30 (30 (30 (30 (30 (30 (30 (30 (30 (30	Maximum Utilization	
		Plain Concrete Percent	Reinforced Concrete Percent	Lean Concrete (Less than M15 Grade Percent
(1)	(2)	(3)	(4)	(5)
i) Coarse agg	regate:			
a) Iron	slag aggregate	50	25	100
	l slag aggregate	25	Nil	100
	cled concrete aggregate ¹⁾ (RCA)	25	20 (Only up to M25	100
	Note 1)		Grade)	
d) Recy	cled aggregate ¹⁾ (RA)	Nil	Nil	100
e) Bott	om ash from Thermal Power Plants	Nil	Nil	25
ii) Fine aggre				
	slag aggregate	50	25	100
	I slag aggregate	25	Nil	100
	per slag aggregate	40	35	50
	veled concrete aggregate ¹⁾ (RCA) Note 1)	25	20 (Only up to M25 Grade)	100
NOTES	for brief information on recycled aggre			
1 It is desi	rable to source the recycled concrete ag	gregates from sites being	redeveloped for use in the sa	me site.
2 In any g	iven structure, only one type of manufa	ctured coarse aggregate an	nd one type of manufactured	fine aggregate shall be us
a The ince	ease in density of concrete due to use	of connor elsa and stool e	an anomator need to be to	kan into consideration in

MINISTRY OF ROAD TRANSPORT & HIGHWAYS SPECIFICATIONS FOR ROAD AND BRIDGE WORKS (Fifth Revision)

601 DRY LEAN CEMENT CONCRETE SUB-BASE

601.3.3 Cement Content

The cement content in the dry lean concrete shall be such that the strength specified in Clause 601.3.4 is achieved. The minimum cement content shall be 150 kg/cu.m of concrete. In case flyash is blended at site as part replacement of cement, the quantity of flyash shall not be more than 20 percent by weight of cementitious material and the content of OPC shall not be less than 120 kg/cu.m.

602 CEMENT CONCRETE PAVEMENT

602.3.2 Cement Content

When Ordinary Portland Cement (OPC) is used the quantity of cement shall not be less than 360kg/cu.m. In case fly ash grade I (as per IS:3812) is blended at site as part replacement of cement, the quantity of fly ash shall be upto 20 percent by weight of cementitilous material and the quantity of OPC in such a blend shall not be less than 310 kg/cu.m. The minimum of OPC content, in case ground granulated blast furnace slag cement blended, shall also robbe less than 310 kg/m³. If this minimum cement content is not sufficient to produce concrete of the specified strength, it shall be increased as necessary by the contractor at his own cost.



Illustration of carbon intensive code provision



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

705.1 General

The foundation shall be designed to withstand the worst combination of loads and forces evaluated in accordance with the provisions of Clause 706. The foundations shall be taken to such depth that they are safe against scour or protected from it. Apart from this, the depth should also be sufficient from consideration of bearing capacity, settlement, liquefaction potential, stability and suitability of strata at the founding level and sufficient depth below It. In case of bridges where the mean scour depth 'dsm' is calculated with

Clause 703.2, the depth of foundation shall not be less than those of existing structures in the vicinity.





Keeping the founding level of new bridge same as the existing Bridge Construction

Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'





IMPACT ON CARBON FOOTPRINT



- In almost 24 nos. of wells additional depth of foundation was almost 10m for each foundation.
- This means enormous time over run, cost over run, unnecessary waste of energy and CO₂emissions to environment.
- The above could have been utilised for creation of more infrastructure in the country to support so many house holds.

Description	unit	Additional Impact	Embodied Energy (GJ)	CO ₂ em'n (t eq)	Remarks
Sinking	m	229.10	572.75	11.445	70355.55 GJ energy can sustain
Concrete	m ³	10229.33	57284.25	4807.79	3257 families per annum in India & 5533 t CO ₂ emission to
Steel	t	357.1	12498.5	714.2	environment could have been
Total			70355.50	5533.44	avoided. 32

Unsustainable provisions in IRS codes & standards Construction

Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

- In India, there are 3 bodies of code making, VIZ. BIS, IRS & IRC among which IRC seems to be vibrant and updated to international standards.
- However, there is a need to rationalize all these bodies to single platform from sustainability point of view.
- In railway codes, even now mineral admixtures are not permitted as replacement to OPC which not only make structures vulnerable to durability but also highly carbon intensive.
- For land based, structures for the piles only end bearing is permitted neglecting friction capacity.
- The provision for minimum reinforcements in lightly reinforced concrete is withdrawn.
- There is a strong need to look at the code making process itself in IRS.



14.9 Shrinkage and Temperature Reinforcement – Forplain concrete members exceeding 2m in length and cast in-situ it is necessary to control cracking arising from shrinkage and temperature effects, including temperature rises caused by the heat of hydration released by the cement. Reinforcement shall be provided in the direction of any restraint to such movement.

The area of reinforcement, A_s , parallel to the direction of each restraint, shall be such that.

 $A_{s} \ge K_{r} (A_{c}-0.5 A_{cor})$

where,

K_r is 0.005 for Grade Fe415 reinforcement and 0.006 for Grade Fe250 reinforcement;

 A_c is the area of the gross concrete section at right-angles to the direction of the restraint;

 A_{coi} is the area of the core of the concrete section, A_{c} , i.e. that portion of the section more than 250mm from all concrete surfaces.

14.9.1 Shrinkage and Temperature Reinforcement-shall be distributed uniformly around the perimeter of the concrete sections and spaced at not more than 150mm.

The stres	0 Stress Limitations for Serviceability Li wall shall be designed so that the concrete c ses comply with Table 11 and concrete ten ot increase 0.034 f.	compressive
15.11 14.9. Clau	se deleted vide ACS 4 of Concrete Bridge	
15.1	1.2016	1
12.3.3	Minimum reinforcement for crack control	112
(1)	A minimum amount of untensioned reinforcement is required to contri- where tension due to external loadings or external restraints is expected, reinforcement may be estimated from equilibrium between the tensile for before eracking and tensile force in seel at yielding.	ol cracking in areas The amount of such
(2)	Minimum area of reinforcement may be calculated as follows, In profile T-beams and box girders, minimum reinforcement should be determine parts of the section (webs, flanges).	
	$A_{saw}\sigma_{s}^{-}k_{s}kf_{\sigma_{s},\sigma}A_{\omega}$	Eq 12.1



External prestressing with dry joints



- Indian codes & guidelines discourages external prestressing which is against the principle circular economy
- Assuming, that there are 13 joints in a span of 40m, including temporary prestressing the total time required for epoxy application is 13 hours.
- After the last joint is prestressed, the pressure needs to be maintained for 24 hours. This means the total activity of the epoxy application requires 37 hours for a 40-m span.
- Based on this, the additional time required for 10 km elevated corridor, the time required for epoxy-related applications will work out 385 days.
- For one joint having 15 m² surface area, assuming 3mm thick epoxy glue, total quantity of epoxy glue will be 150 m³ (around 6.5 kg/m²) for 10km viaduct. The cost of the epoxy application including labour will be Rs 5.0 Cr.







Co-ordination among different policy makers (authorities)



- It is possible to have multi modal transport system on the same substructure & foundations in the water bodies.
- In bridges especially in rivers & creeks, the foundations are found to be highly Carbon intensive.
- The double decker structural system for highways and rail transport minimises the embodied carbon footprint and also construction stage related carbon to a large extent.
- Policy makers should be carbon neutrality oriented.



Mumbai trans-harbour link, Mumbai



Hutong Yangtze River Bridge, 1092m



Bogibeel Bridge, Assam- 125m



Changtai cross-river bridge, 1176m

Mandatory Green certification for Buildings & Infrastructure



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

- India secures third place in US Green Building Council's (USGBC) LEED certification list for 2023. LEED (Leadership in Energy and Environmental Design). India has 248 certified projects cover 7.23 million square meters.
- The Indian Green Building Council (IGBC), part of the Confederation of Indian Industry (CII) was formed in the year 2001.
- Some of the Central and State Government agencies have given recognition to IGBCs' Green Rating Systems.

✓ IGBC NET ZERO ENERGY BUILDINGS

✓ IGBC NET ZERO WATER BUILDING

✓ IGBC Net Zero Waste Rating System for Buildings & Built Environment

✓ IGBC's Guidance Framework for Net Zero Carbon Buildings




Design Efficiency for carbon neutrality



Carbon Value Engineering (CVE)



- "Value Engineering is a methodology used to analyze the function of the goods and services and to obtain the required functions of the user at the lowest total cost without reducing the necessary Quality of Performance".
- The concept of the Value Engineering shall be extended to "Carbon Value Engineering" also where 50% (A1-A5)& 47% (B1-B5) of the carbon footprint of the project is created during Design & Engineering phase.
- By Carbon Value engineering for (A1-A2), it should be possible to reduce carbon footprint by 15 to 20%.
- Encourage Design-Build EPC contracts to enable Carbon Value Engineering

(a) Life	e cycl	e co	st cre	eatio	n of	a pr	ojec	t		
Phases	10	20	30	40	50	60	70	80	90	100
Standards & Specifications (10%)										
Engineering & Designing (70%)									į.	
Purchases & Construction (10%)										
Operation & Maintenance (10%)										







- Reducing over-specification, e.g. more efficient and less conservative design
- Reducing over-specification of design loads
- Proper capacity forecasting for service which may hamper future expansion and flexibility
- Structural configuration (Section and profile) optimization that tailors components to their required functionality.
- Adopting structural forms and systems that are light and durable.
- Using higher-strength concrete and steel to facilitate the use of lighter members.
- Designing for constructability to avoid mishaps during construction and also for durable construction.
- Extending the lifetimes of structures, e.g. by designing for adaptability, designing for internal flexibility and designing for partial replacement of deteriorated components.
- Designing for circularity, e.g. reusability, recyclability, deconstruct ability, recoverability, prolong ability and scalability.
- Performance based design approach to have minimum interventions during service life rather than prescriptive design approach.

Slag aggregate & Cement as replacement to OPC



- In the concrete **OPC** should be avoided to the extent possible as the same is responsible for **90% EC in the concrete**.
- If can't completely be avoided, has to be replaced to the max. extent by other SCM.
- Even the aggregates can be replaced with recycled and manufactured aggregates as per IS :383.
- OPC replacement can be achieved by partially substituting cement by industrial by products otherwise 'Industrial wastes'
 - > Fly ash : Residual of coal combustion
 - Ground Granulated Blast Furnace Slag (GGBFS) : By product of steel industry
 - Silica Fume : By product of melting to produce silicon and Ferro-silicon alloys
 - Ultrafine slag
 - > Ultra fine fly ash
 - Metakaoline
 - Rice husk
 - Calcined Clay (Available in plenty)

GHG EMISSIONS SYNT in kg eq CO2/m3 of cor	
Cement	391
Other input materials	9
Input materials transportation	27
Concrete fabrication	7
(Fresh + Precast) concrete transportation	0
Site concrete losses	13
TOTAL / Concrete delivered on site	448



Design for durability & resilience in 'In Use' (B1-B5)



- In 'In use' stage of life cycle, the CO2 emissions are reported to be 40-60% and Dr Kasuga reports 60% in Japan.
- The corrosion of steel is the phenomena with which engineers have not found a concrete answers yet.
- Many of the bridges are already (Ganga bridge at Patna, Vashi creek bridge, etc.) replaced and many more are required to be replaced in future within service life which may double the CO2 emissions in (B1-B5) stage.
- The answer to overcome this deterioration phenomena could be UHPC, FRP bars & strands, stainless steel, weathering steel, etc.
- The climate change effects resulting in extreme events warrant new probabilistic models for design of resilient structures.





Alternative to Rebars, steel strands as tendons



- The biggest challenge in concrete is how to prevent rebars & tendons from deterioration
- Currently available technology, such as stainless steel or aluminium reinforcement and coated steel re-bars, can be used to some extent.
- Increasingly, fiber-reinforced plastics (FRPs) such as carbon, aramid and basalt are being used as reinforcement materials.
- FRP can be used as prestressing tendons as well as reinforcement materials.



Climate change effects on structural actions



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

- The effects of climate change will require the resilient structures to avoid the interventions in 'In use stage'
 - ✓ Effects on landslides & Avalanches
 - ✓ Effects on river flooding
 - ✓ Effects on flow velocity in rivers & Risk of scouring
 - ✓ Effects of higher expected temperature
 - ✓ Effects of sea level increase on coastal infrastructure
- On the action side, one may observe an increase in both the probability and magnitude of extreme weather events, such as heavy rainfall, snow, sea-level rise and hurricanes.
- Climate change may have an influence on the return period of extreme events (floods, extreme storm events, drought)
- The climate change effects resulting in extreme events warrant new probabilistic models for design of resilient structures



Example : Climate-dependent stochastic simulation framework for TC (Tropical cyclone) wind and rain hazards



Example : Probabilistic model of sea level rise



Example : Probabilistic model of Tsunami innundtation

Designing for replaceability during service



- ➢Ganga bridge Patna is a classical case of doubling of CO2 footprint in use stage.
- The bridge deteriorated within 20 years of construction and repaired number of times by external prestressing.
- Finally, the superstructure was replaced keeping substructure and foundation same.
- This also demonstrates the following cradle to crave sustainability characteristics of steel as a building material :
 - ✓ Whole life impacts & benefits (Cradle to grave).
 - ✓ Durability & Resilience.
 - ✓ Flexibility and adaptability
 - ✓ Versatility
 - ✓ Reuse & Remanufacture
 - ✓ Recycling



Structural systems for Carbon reduction in buildings



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

- Abhijeet Kulkarni, et al in their paper in SED journal reports the following on the basis of their study :
 - ✓ Waffle slabs are more efficient RCC element for the slab while PT flat slab is also comparable.
 - ✓ M40 grade concrete is most optimum.
 - ✓ Higher grade of steel reduces the CO₂ emissions.
 - ✓ GGBS content in the concrete can reduce emissions by 45%.
 - ✓ PT slab can also reduce vertical height as such operational carbon requirement.
- Present author's observation is that the foundations contribute less than 10% in building sector while infrastructure foundations are carbon intensive.



Source : Abhijeet Kulkarni, et al, Challenges and benchmarking of Embodied carbon of buildings in India, Structural Engineering Digest (SED), Vol.13, Issue 1, January-March 2023,pp 37-47.

Structural systems for concrete for sustainability



- The structures with 'Form Following Forces'(F³) like arch forms are time tested for its sustainability.
- These are the structures whose most of the components are subjected to maximum axial forces and minimum flexure.
- Since the arch forms are subjected to minimum flexure, less prone to cracking as such more durable from corrosion point of view.
- Even the expansion joints and bearings are minimum whose service life is normally much lesser than the structure life, requiring maintenance and replacement.







Structural systems for sustainability



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

• Pre stressing advantages in bridges:

- > Lesser joints, bearings thereby minimal maintenance
- Improved serviceability, durability. (Less deflection & Cracking)
- Lesser cycle time during construction and minimum disruption of traffic.
- > Future pre stressing provisions.
- Improved lighting visibility, leading to security and public safety

• Pre stressing advantages in buildings:

- Thinner sections, large spans in beams and slabs reduces floor to floor height.
- > Minimum columns, flexibility in layout
- ➢ Reduces steel & concrete by 20 to 30%.
- Lesser façade area, lesser vertical systems like elevators, plumbing, electrical, HVAC
- Reduced height leading to lesser energy consumption &reduced power for operating vertical systems during life currency









- The choice of the structural system for any construction plays an important role in reducing maintenance, transportation, material, energy usage, weight and improving fire resistance, noise reductions, indoor air quality and durability.
- Some of the structural configurations like long standing arches have an inherent attribute of its structural components being subjected to minimum flexure maximum axial forces as such CFT are construction friendly and exploits the compressive strength of concrete.
- Also by virtue of its configuration does not warrant expansion joints and bearings making the structures maintenance free.







Structural systems for decarbonization



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

Ultra high-strength CFT columns & composite slabs offers many sustainable benefits in Buildings:

- ✓ Thinner sections, large spans in beams and slabs reduces floor to floor height.
- Minimum columns, flexibility in layout
- ✓ Lesser façade area, lesser vertical systems like elevators, plumbing, electrical, HVAC
- Reduced height leading to lesser energy consumption & reduced power for operating vertical systems during life currency.
- ✓ Fast track construction.
- The combination of High Strength Steel
 (780Mpa) and UHPC (150 Mpa) is used for many towers in Japan.





Structural safety and verifications



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'





Elevated Viaduct, Haryana – 1 22.08.20

River Bridge, Harvana - 2

04.05.20

15555



Elevated Viaduct, Haryana – 2 15.07.20

River Bridge, West Bengal

16.02.20



Elevated Viaduct, Varanasi

November 2018



River Bridge , Haryana – 1 19.06.19 Dwarka fly over, Gurgaon 28.03.21



Pardi fly over, Nagpur 19.10.21











Reducing Carbon by upgradation of plants & re-formulation of ingredients at product stage



Decarbonizing Energy



- In the building sector 27% of operation carbon comes out operation energy of non-renewable fossil fuels having very high carbon factor.
- In infrastructure, almost same accounts for User Carbon.
- At the product stage, In the cement around 61 % EC is due to EE while in steel the same is around 72%.
- Achieving zero emissions in built environment will require energy efficient buildings/infrastructure that use no on-site fossil fuels and are 100% powered by on- and/or off-site renewable energy.
- These Renewable Energy (RE) sources are : Wind Energy, Solar Energy, Hydro electric energy, Bio mass energy and Nuclear Energy.





ecarbonizing operation carbon in building sector

Design Engineering Construction DECon Complete Solutions

Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

- Energy efficiency can be achieved by using passive design strategies, such as natural ventilation, daylighting, shading, and insulation, as well as active systems, such as renewable energy sources, high-performance appliances, and smart controls.
- Water efficiency can be achieved by using low-flow fixtures, rainwater harvesting, greywater recycling, and water-efficient landscaping. By reducing the water consumption of buildings, green building certification can also reduce the energy required to pump, treat, and distribute water, which is another source of carbon emissions.
- Indoor environmental quality can be influenced by factors such as air quality, thermal comfort, lighting, acoustics, and ergonomics. Improve indoor environmental quality by using natural ventilation, low-emission materials, adequate insulation, daylighting, noise control, and ergonomic design. This can also reduce the carbon emissions associated with occupant behavior, such as adjusting thermostats, turning on lights, and using appliances

GREEN CERTIFICATION ACCOUNTS FOR ALL THE ABOVE



Setting off by Circularity



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'

•The concrete structures have to be designed for : ✓ De-constructability ✓ Recyclability ✓ Reusability ✓ Recoverability ✓ Pro-longevity ✓ Scalability





Circularity by modular & pre-engineered Construction



- Modular structures are those which are preengineered, prefabricated that are manufactured in a quality controlled factory and then shipped to site where they can be assembled and completed.
- Shortened design and construction time is a major advantage.
- Modular structures are simple to assemble, launch and dismantle for re-use.
- Similarly for Concrete bridges, the precast members can be designed in such a way that they can be dismantled and reused in new construction.
- ➤The multi-cycle use of dismantled components by remanufacturing can bring the CO₂ emissions of A1 to A3 as close to zero as possible



Source: https://letsbuild.com%



Setting off by 'Carbon Capture Utilisation & Storage' (CCUS)



- Decarbonizing fossil energy by renewable sources is a challenging task and it is expected that the same may happen to 50 % only by 2070.
- The balance decarbonization has to be achieved by **CCUS** alone.
- The "Capturing" technologies in India is in nascent stage and lot of R &D is on to reduce the cost.
- Under "Utilisation", in construction industry circular economy products could be ; Curing, Aggregates, Carbon fiber, Polymers, Fuels – DME, SAF, Ethanol.
- The majority has to be sunk by "Storage" in which India has the storing capacity of 600 GT mainly in saline aquifers.









Roadmap to net zero carbon for concrete structures in built environment



Strategies for net zero carbon in cement



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'



58



Strategies for net zero carbon in steel



Heggade on 'Sustainable Development of Infrastructure Using Low Carbon Cement Concrete Construction'



59





Achieving net zero carbon in cement and steel is almost same as achieving net zero carbon in built environment (V N Heggade)







Let us save our world for posterity

NAMASTE